

SUMMER CAMP IN IMATRA, SOUTH-CARELIA, FINLAND 2017

District 1430

NAME: Lake Saimaa Summer Camp

WHERE: Imatra (260 km east of Helsinki, near southeastern border of Finland)

WHEN: Jul 22nd – Aug 5th, 2017.

Family Period Jul 22nd - Jul 29th Camp Period Jul 29th - Aug 5th

ARRIVAL: Helsinki Airport, Jul 22nd.

DEPARTURE: Helsinki Airport, Aug 5th.

PARTICIPANTS: 16 participants from EEMA countries, interested in nature and outdoor

activities.

AGE: 16 - 20 years

PROGRAMME: The camp consists of two parts. The participants will first spend one week

together with their host families to get an idea of the Finnish way of life. During the camp week, the participants will all stay together in Imatra Spa Sport Camp hostel. Accommodation is in shared rooms for 2-6 people, boys and girls separated. The camp site is located by the beautiful Lake Saimaa, the biggest lake in Finland and the fourth largest natural freshwater lake in Europe. We will make excursions to investigate the nearby nature and participate in numerous outdoor activities. The camp period is supervised by participating Rotaries.

EQUIPMENT: Your personal medication and suitable clothing for outdoors activities and

hiking. The daytime temperature is typically between 15 - 25 °C. Water

temperature is around 20 °C. Take your swimming suit with you.

CAMP FEE: 150 euros.

OTHER COSTS: Participants pay their own costs to and from Helsinki and shall have their own

pocket money. Organizing Rotaries will meet the student in the airport and will

take care of all ground transportations in Finland.

INSURANCE: Participants must have a valid insurance policy in case of sickness and

injury. We urge the student to purchase the insurance from <u>CISI Bolduc</u> which is approved by Rotary. Select "Plan B" from the offered options.

APPLICATIONS: The applicant must use the official Rotary Youth Exchange – Short-Term

Exchange Program (STEP) Application form when applying to the camp. The

deadline for the applications is 15th April, 2017.

MORE INFORMATION:

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