

**SUMMER CAMP IN SUOMENLINNA (Helsinki), FINLAND 2016**

**District 1420**

- NAME:** International Nature Camp
- WHERE:** Suomenlinna Sea Fortress (The Island in front of Helsinki).  
More information: [www.suomenlinna.fi](http://www.suomenlinna.fi)
- WHEN:** Jul 18<sup>th</sup> – Jul 29<sup>th</sup>, 2016  
Family Period, Jul 18<sup>th</sup> – Jul 24<sup>th</sup>  
Camp Period, Jul 24<sup>th</sup> – Jul 29<sup>th</sup>
- ARRIVAL:** Helsinki-Vantaa Airport, Jul 18<sup>th</sup>  
**DEPARTURE:** Helsinki-Vantaa Airport, Jul 29<sup>th</sup>
- PARTICIPANTS:** 18 participants from EEMA countries  
**AGE:** 16 - 20 years
- PROGRAMME:** The camp consists of two parts. The participants will first spend a week together with their host families to get an idea of the Finnish way of life. During the camp period we will all stay together to become acquainted with the beautiful nature of Helsinki archipelago, Baltic Sea and Suomenlinna Sea Fortress, which is UNESCO World Heritage Site. During the camp we will be living in shared 6-10 person rooms, girls and boys separated. The camp is located in a Camp School Building by the sea on Suomenlinna island. We will make different excursions daily to investigate the nature of Baltic Sea, Nuuksio National Park and the history of the Sea Fortress.
- EQUIPMENT:** Please pay attention to your personal medication and suitable clothing. Note that the weather is often windy in the island. The daytime temperature is normally between 15 – 25 degrees C. Water temperature is around 20 C. Take your swimming suite with you. There are beaches on the island.
- CAMP FEE:** 150 euros
- OTHER COSTS:** Participants pay their own costs to and from Helsinki and shall have their own pocket money. Organizing Rotaries will meet the student in the airport and will take care of all ground transportations in Finland.
- INSURANCE:** Participants must have a valid insurance policy in case of sickness and injury.
- APPLICATIONS:** The applicant must use the official Rotary Youth Exchange – Short-Term Exchange Program (STEP) Application form when applying to the camp. The deadline for the applications is 15th April, 2016.
- MORE INFORMATION:**  
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- SEND ALL APPLICATIONS TO:**

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