

VIII ROTARY CAMP SIERRA DE GUADARRAMA (Madrid)

From July 25th to August 6th 2016



**Organised by the Rotary Club Majadahonda
in collaboration with the Rotary Clubs
from Madrid, Toledo and Castilla-León (Spain)**



PROGRAMME DETAILS

- PARTICIPANTS:** 22 students (one boy and one girl ONLY per country. No students from D2201 - 2202 – 2203 will be accepted)
- AGE:** 18 – 25 years old
- DATES:** 25th July to 6th August, 2016
- ACCOMMODATION:** Casa de la Cueva Youth Hostel (Peguerinos, Ávila) and Youth Hostel (Madrid)
- PROGRAMME:** Nature and culture
- LANGUAGE:** Spanish/English
- AIM:** To encourage friendship and understanding among people from different backgrounds and cultures.
- CLOSING DATE:** Applications should be received by 15th May, 2016
- INSURANCE:** All participants are responsible for their medical insurance policies, according to the guidelines in Rotary International Code of Policies on Travel Insurance for Students, which covers illness, accident, third party damages and personal effects. European participants should bring their European Health Insurance Card.
- ACCEPTANCE AND PAYMENT:** Students will be accepted provisionally on receipt of a scanned application form with two photos attached (passport photos) on a first come first served basis, allowing for gender balancing. Payment should be done upon arrival.
- CAMP FEE:** 250 Euros.
- POCKET MONEY:** We advise participants to bring some pocket money for their personal expenses.
- APPLICATION:** Send your application to cl@spainrye.es
- ARRIVAL:** 25th July, 2016 (between 10 am and 2 pm preferably)
Place: Madrid Youth Hostel
Mejía Lequerica, number 21
28004 - Madrid
- DEPARTURE:** 6th August, 2016 (from 10 am onwards)

PROGRAMME

- 25th July (Monday):** Arrival to Madrid. Gathering at: Madrid Youth Hostel, Mejía Lequerica, 21, 28004 - Madrid). Welcome dinner.
- 26th July (Tuesday):** Guided tour in Madrid city centre, capital of Spain. Journey to Youth Hostel "La Casa de la Cueva" (Peguerinos-Ávila). Summer Camps rules.
- 27th July (Wednesday):** "Casa de la Cueva", cultural and sport activities.
- 28th July (Thursday):** Visit Salamanca. Return to "Casa de la Cueva".
- 29th July (Friday):** "Casa de la Cueva", cultural and sport activities.
- 30th July (Saturday):** "Casa de la Cueva". Rotarian day. Lunch with members of the R.C. Majadahonda.
- 31st July (Sunday):** Visit Segovia. Return to "Casa de la Cueva".
- 1st August (Monday):** "Casa de la Cueva", cultural and sport activities.
- 2nd August (Tuesday):** Visit Ávila. Return to "Casa de la Cueva".
- 3rd August (Wednesday):** Visit El Escorial. Visit the Town Hall of Majadahonda and return to "Casa de la Cueva".
- 4th August (Thursday):** "Casa de la Cueva" activities and International Dinner.
- 5th August (Friday):** Trip back to Madrid. Visit Calderón Stadium (Atlético de Madrid Football Team). Stay at the Madrid Youth Hostel. Farewell dinner.
- 6th August (Saturday):** Breakfast, farewell and departure

OBJECTIVE

We intend to offer participants an enjoyable time that includes cultural activities and the practice of different sports, surrounded by nature up on the hills near Madrid.

RULES

In order to guarantee the correct functioning of the camp, we have established some general rules:

- Be on time for the activities
- Take part in all activities
- Keep the house and rooms clean and tidy
- Follow activity leaders' instructions
- Maintain a good relation with the other students
- Respect nature and follow our moto:

Treat others the way you would like others to treat you

LIST OF THINGS TO BE BROUGHT

- Student Card (extremely important)
- Sleeping bag
- Towel
- Hiking boots or trainers and socks
- Swimming clothes (costume and sandals)
- Jumpers or fleece (temperatures can go down to 10° C at night)
- Long trousers
- Toilet bag
- Torch and water bottle

Bear in mind that we will alternate day trips to towns with hiking and sports days. Therefore, plan your luggage accordingly.

Optional: you can bring some traditional products from your respective countries to prepare something for the International Dinner, if you wish.

CONTACT DETAILS:

Carmen Lopez-Videla
Telf.: 34 915 487 879
E mail: cl@spainrye.es

ACCOMMODATION DETAILS

The accommodation during the camp, with the exception of the days of arrival and departure, which will take place at the Youth Hostel Albergue Juvenil Madrid, Mejía Lequerica, number 21, Madrid, will take place at the Albergue “Casa de la Cueva”.

The Albergue “Casa de la Cueva” is situated at 8 km from the village of Peguerinos in Ávila and at 14 km from the El Escorial or from El Alto del León, among a beautiful pine area which forms the Regional Park of Guadarrama, hired as well as other existing leisure facilities by the Association 2001.

The Albergue “Casa de la Cueva” offers the following:

- 45 vacancies in rooms for four people in bunk beds
- Living room and dining room with a fire place and a barbeque
- Heating as well as hot water by Propane Gas
- Electricity by Grupo Electrónico

Because “Casa de la Cueva” is inside the Regional Park of Guadarrama, it has environmental restrictions, like not having electricity, which is supplied by the grupo electrónico, not working between 12 pm to 7 am.

For the same reason, it does not have WI-FI connection and the telephone communication is through mobile network for voice, not having coverage for data.

However, in the entirety of visits to different cities, which the programme contemplates, there will normally be voice, 3 G data connection, as well as free WI-FI in many establishments in the city.